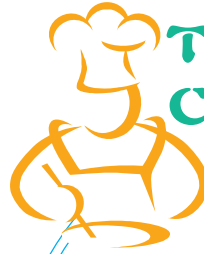


TABLETALK

FEBRUARY, 2008 ❁ CHILD FOOD PROGRAM OF TEXAS ❁ P.O. BOX 5465 ❁ KATY, TX 77491 ❁ 281-395-7000, TOLL-FREE: 877-395-6560, Fax: 281-395-7002

Purchasing and Storing Food

- Examine all foods when purchased or delivered to make sure they are not spoiled or contaminated. Make sure frozen food is frozen; do not accept frozen food that has thawed.
- Refrigerate food immediately. Do not let refrigerated or frozen foods sit at room temperature.
- Use foods on a "first-in, first-out" basis to prevent spoilage and food waste.
- Store foods such as flour, cereal, cornmeal, sugar, dry beans, and dry peas in tightly covered containers to prevent rodent and insect infestation.
- Do not overload containers when heating and cooling foods. Use small, shallow pans so food will heat or cool quickly.



Tips from Chef Bob

NO-BAKE BANANA PUDDING

Ingredients: 2 (3.4 oz) packages vanilla instant pudding mix; 1 (8 oz) carton sour cream; 3-1/2 cups milk; vanilla wafers; 2 Lg bananas; 1 (8 oz) carton frozen whipped topping, thawed. **Directions:** Combine first 3 ingredients & beat until thick. Line bottom and sides of a 3-quart bowl with vanilla wafers. Slice bananas & layer slices over wafers. Spoon about 1/3 of pudding mixture over bananas. Repeat layers until ingredients are all added. Cover & chill. Spread whipped topping over pudding just before serving.

Thanks to Minnie Spencer for sending this in.

Approximate Reimbursement Date

February.....March 27th March.....April 25 April.....May 23

SCHEDULED DATES FOR 2008 MANADATORY TRAINING

<u>Date</u>	<u>City</u>	<u>Location & Time</u>
March 15	Denton	3228 Teasley Lane, Denton, 76210 (Denton South Branch Library), 11:30-2:30
March 29	North Houston	6200 Pinemont, Houston, 77092 (Collier Library), 230 - 5:30
April 15	Garland	3630 W. Buckingham, Garland, 75042 (Buckingham Church of Christ), 7:00-9:00 pm
April 19	Red Oak	20607 W. Ovila, Red Oak, 75154 (A Bright Beginning Center), 10:00-1:00
April 26	Houston/Alief	7979 S. Kirkwood, Houston 77072 (Henington/Alief Library), 9:30-12:30
May	Fort Worth	To Be Announced
May	Irving	To Be Announced
May	Alvin	To Be Announced
August	Plano	To Be Announced
August	Katy	To Be Announced