

TABLETALK

OCT, 2011 * CHILD FOOD PROGRAM OF TEXAS * P.O. BOX 5465 * KATY, TX 77491 * 281-395-7000, TOLL-FREE: 877-395-6560, Fax: 281-395-7002

Annual Mandatory Training

This program year (2012) classes will be held for both day care homes and day care centers at various locations in the Dallas/Fort Worth and Houston areas. You are required to attend one of these classes to remain in the CACFP program. The subjects will be changes in CACFP allowable food, planning nutritious snacks, and your annual civil rights training. Please see approximate schedule below. You will be given advance notice of exact dates and locations.

Exciting, New Minute Menu Web-Kids (Day Care Homes) Changes

During the course of the new program year we will be changing to an enhanced, upgraded program. It will be more user friendly, have more features and be accessible from any computer, tablet or smartphone. More to come!!!



Tips from Chef Bob

TATER-TOPPED CASSEROLE

Ingredients: 1 lb. ground beef; 1 small onion, finely chopped; 1 can (10-3/4 oz.) condensed cream of mushroom soup; 1/4 cup milk; 1 cup frozen mixed vegetables (peas, carrots, corn, green beans); 1 cup Shredded Cheddar Cheese; 1 lb. (1/2 of 32-oz. pkg.) frozen bite-size seasoned potato nuggets; make it. Directions: Heat oven to 375°F. Brown meat with onions in large skillet, stirring occasionally; drain. Spoon into 2-qt. casserole. Mix soup and milk; pour over meat mixture; top with layers of remaining ingredients. Bake 45 min. or until potatoes are golden brown and casserole is heated through.

MANADATORY TRAINING - TENTATIVE LOCATIONS

<u>Date</u>	<u>City</u>	<u>Location & Time</u>
February	Garland	To Come
March	Cedar Hill	To Come
April	Lewisville	To Come
May	Fort Worth	To Come
February	South Houston	To Come
March	North Houston	To Come
April	East Houston	To Come
May	West Houston	To Come